Jennifer

By: snaggletooth

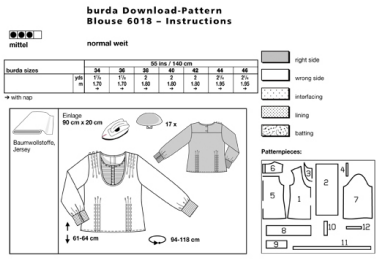
http://www.burdastyle.com/projects/jennifer

This blouse was designed by our member snaggletooth. It is a project for intermediate to more experienced sewers since it takes a bit time and patience to do all the pin tucks on sleeves and bodice.

Materials

cotton, buttons, interfacing

Step 1



PATTERN

1 Front piece 1x

2 Insert 1x

3 Insert / facing 1x

4 Front placket 1x

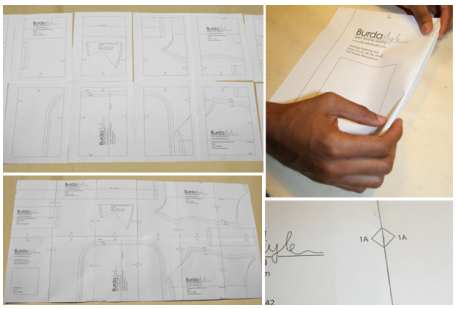
5 Back piece 1x

6 Back yoke 2x

7 Sleeves 2x
8 Cuff 2x
9 Cuff / facing 2x
10 Opening facing 2x
11 Bias strips (neckline) 1x
12 Loop 1x

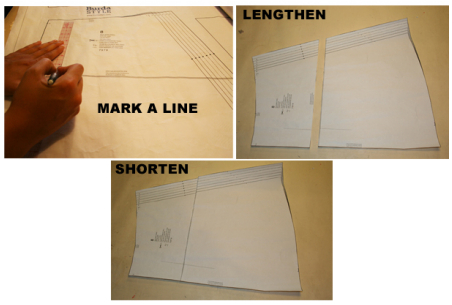
Fabrics: Cotton and jersey fabrics

Step 2



The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:
Paper cut for ANSI A (German DIN A4) prints:
The patterns are printed out on 30 sheets with a thin frame. Wait until all sheets are printed out. Arrange the sheets so that they fit together (see additional page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely.

Step 3



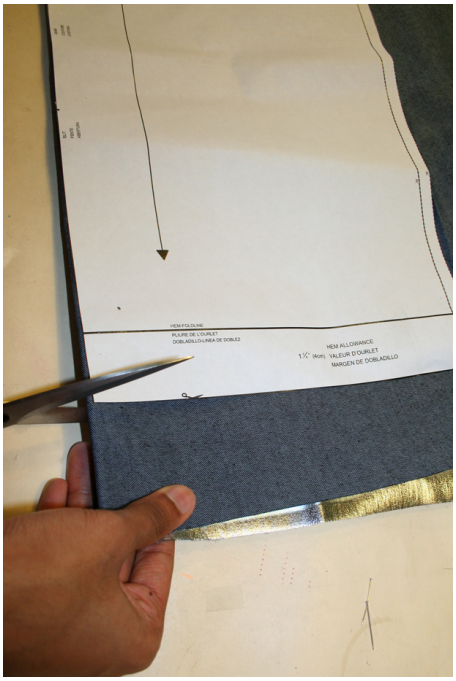
ADJUST PATTERN SIZES
Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. If necessary, change the pattern to fit your measurements if they deviate from the Burda-size chart. Cut out the pattern according to your size.(a)
Refer to our â“Adjust patterns for mixed sizesâ“ technique

LENGTHENING OR SHORTENING THE PATTERN PIECES
Our pattern is calculated for a height of 5â“ 6â“ (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked “lengthen or shorten here”. In this way the proper fit is maintained. Always adjust all patterns pieces along the same line the same degree (b)

How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines.
To lengthen, slide the two halves of the pattern piece as far apart as necessary.
To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges ©.

Step 4



CUTTING OUT
FOLD (â“ â“ â“ â“) means: here is the center of a pattern piece but never a cut edge or a seam. The piece should be cut double, with the fold line forming the centre line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. The
cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric (a).

The cutting diagrams show the placement of the pattern on the fabric
For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric (b).

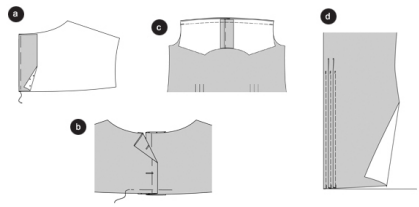
Step 5

SEAM AND HEMLINE ALLOWANCES are included on average:
5/8â“ (1.5 cm) for all edges and stitches. Using BURDA copying paper transfer the lines and signs of the pattern onto the wrong fabric side. You will find instructions in the packaging.

LINING
Cut the lining pieces according to the cutting diagram and press onto the wrong fabric side.

SEWING
While sewing, the right fabric sides are facing.
Transfer all lines of the pattern onto the right fabric side using basting stitches.

Step 6



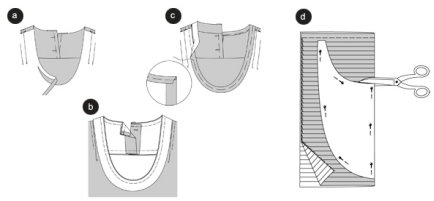
BLOUSE
Back yokes / closure
Neaten the facing of the back yokes and fold inside along the fold line. Pin. Work BUTTON HOLES into the left yoke. Pin the left yoke on the right yoke, centers meeting (a). Pin the bottom edges together (b).

Pin the back yoke on the back piece, right sides facing. Baste the seam (seam 1) and stitch. Trim allowances, neaten them together and press into the back piece ©.

PLEATS
Fold the back piece along each pleat line, wrong side inside. Topstitch the FOLD LINES 1/8â“ (4 mm) wide. Stitch the pleats on the front piece in the same way (d).

SHOULDER SEAMS
Position the front piece on the back piece, right sides facing. Stitch shoulder seams (seam 2). Neaten the allowances and press apart.

Step 7



EDGE NECKLINE
Trim the allowance along the neckline (a).

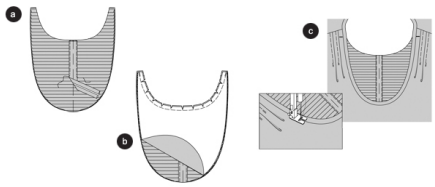
Pin the bias strips to the neckline, right sides facing. Stitch 1/3â“ (8 mm) wide. Fold the edges inside (b).

Turn the bias strips over the edge to the inside. Fold the ends on a slant. Pin the bias strips ©.

INSERT
Stitch the pleats on the insert continuously with the same spacing, then press downwards.

Fold the insert in half at the front center, wrong side inside. Pin the edges together. Pin the pattern piece 3 on top, the centers meeting. Cut out the insert along the pattern edges (d).

Step 8

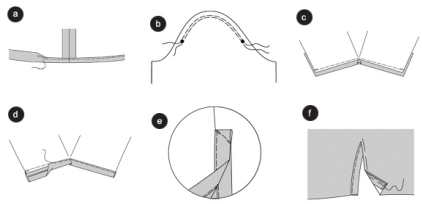


PLACKET
Fold the allowances of the side edges of the placket inside, and press. Trim. Pin the placket to the insert, centers meeting; then stitch (a).

Pin the placket (piece 3) to the insert, right sides facing. Stitch the neckline edges together. Trim allowances, snip in. Turn right side out. Pin the edges and press. Pin the open raw edges together (b).

Pin the front piece to the insert, centers meeting, the cross lines meeting the top insert edge. Seam markings 3 should meet. Stitch continuously along the strip, topstitching the insert and the strip on the back piece neckline. Trim the allowances of bias strip and insert, neaten altogether ©.

Step 9



SIDE SEAMS
Position the front piece on the back piece, right sides facing, pin the side seams (seam 4) and stitch. Neaten allowances and press apart.

HEMLINE
Turn the hemline inside and press, fold and pin. Stitch narrowly (a).

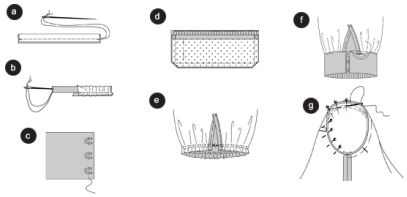
SLEEVES
To ease the sleeve caps, double-stitch from . to . using basting stitches (b).

SLEEVE OPENING
Cut in the sleeve edge at the marking. Pull the cut edges apart and pin them to the opening facing according to the drawing, stitch. Press the facing ©.

Turn the facing inside, fold and pin along the seam, stitch. Fold the opening, right sides facing (d). Topstitch the facing at a slant as seen in the drawing (e).

Turn the facing along the front opening edge inside and pin. Press. Fold the sleeves lengthwise, wrong side out. Pin the sleeve seams and stitch. Neaten allowances and press apart (f).

Step 10



CUFFS
Stitch the pleats of the cuff and insert the same spacing, press.

LOOPS
Fold the strips lengthwise, wrong side out. Stitch Â¼â“ (7 mm) wide. Trim allowances. Use the thread ends to thread a needle and knot (a). Push the needle though the tube (b). Cut the tube in 6 equally-sized pieces.

Fold the loops and pin on the marked cross lines on the facing (piece 9) as seen in the drawing. Turn the top facing edge inside and press ©.

18 Pin the facing on the cuff, right sides facing, pin the side and bottom edges together and stitch. Trim allowances, cut the corners at a slant. Turn the cuffs right side out. Pinning the edges, press (d).

19 Double stitch the bottom sleeve edge using basting stitches. Pull the bobbin thread to create the gathers. Knot threads. Distributing the width equally (e).

20 Pin the cuff to the lower sleeve edge, right sides facing (seam 7). The underlap overlaps along the back opening edge. Stitch. Secure seam ends. Trim allowances and press inside the cuff. Pin the facing on the seam line and stitch (f).

ATTACH SLEEVES
To ease the sleeve cap, pull the basting threads of the seam line slightly.

Pin the sleeve on the armhole, right sides facing. When attaching the sleeve, 4 points are important for the right fit: The cross lines of sleeve and front piece have to meet. Sleeve and side seams have to meet. The cross line of the sleeve cap has to meet the shoulder seam. The eased width has to be distributed without puckering or creating pleats. When attaching the sleeve first pin, then stitch from the sleeve side Trim allowances, neaten them and press inside the sleeve. (g)

BUTTONS
Handsew 6 buttons onto the front placket, spacing them equally approximately 1 Â¼â“ (3 cm) from the edge. Sew the buttons on the back yoke fitting the button holes, sew the buttons on the cuff fitting the loops. Additionally, sew 3 buttons onto the right shoulder seam.