Sophia

By: BurdaStyle

http://www.burdastyle.com/projects/sophia

This is a super sweet, super simple playset for the special little girl in your life. We can’t wait to see your creations and your lovely models!

Materials

Lightweight cottons, elastic,button and spaghetti.

Step 1

Dart. (Note: the seam allowance for the darts is 1/4â’; the rest of the garment is 5/8â’.) Using a basting stitch, gather the bottom dart left to match the length of the top dart leg. Sew dart legs together at 1/4â’.

Center Back Seam. Sew Center back seam at 5/8â’, stopping at the notch near the top. Press.

Step 2

Neckline edge. You can finish with store-bought bias or self-made bias (See related techniques). You could also make a simple facing, if you prefer.

Side seams. Sew the side seams.

Step 3

Sleeves. Baby hem the outer edge of the sleeve. We used a tiny zig-zag stitch for the final topstitch (See related techniques). Gather the part of the sleeve that attaches to the bodice. Sew ends of sleeves together. Sew to the bodice.

Step 4

Hem. Turn and press the hem up once at 1/4â', and again at 1â', then topstitch at 1â'.

Center back button. Attach the button at the top center back, and apply either a crocheted button loop or a loop made of spaghetti to the opposite side.

Press, and finish the seam allowances.

Step 5

*Note: there is no outer side seam on these bloomers.

Inner side seam. Sew the inner side seam on both the left and right pant.

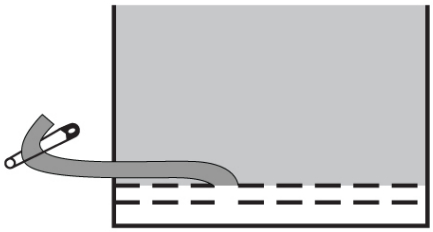
Sew the center seam, from front to back, joining the two pant legs.

Step 6

Hem the bloomers while making the elastic casing. Fold up and press at 5/8â’, then fold up and press again at 1 1/2â’. Topstitch at 1 1/2â’ from the edge, all the way around the pantleg, and again at 1â’, but leaving a small opening to feed the elastic through. Repeat for both legs.

Waistband. The waistband elastic casing is created exactly the same way as the hem.

Step 7



Measure your little oneâ's tummy and thighs, add 1 1/4â' for seam allowance and cut elastic for the waistband and legholes. Feed the elastic through the casings using a loop turner or safety pin. Secure the elastic ends to each other, then topstitch the casings closed.